## **FUNDRAISING & FUNDING**

### **FUNDRAISING**

One of our staff Stephen MacDougall, an ex fishing skipper, canoed non stop for 31 miles (50 km) on 21st September 2019. again to raise funds for the project.

He began at 6am at the Valtos Pier and ended the event at Carloway Pier. We were very grateful to Stephen for this considerable feat, especially given the rough conditions at

He raised £1035.

### **STEPHEN RAISED £1035**





#### FUNDING

Our overall funding situation will become very uncertain from 1st April 2020 due to a change in policy from a major funder. We are seeking considerable wisdom and provision from this date onward, going forward in faith and trusting In God for His plan and provision.

"We give thanks to God who has helped us this far and to whom we owe everything."







## **VISIT OUR WEBSITE**

www.hebridesalphaproject.org

For all the latest information on Hebrides Alpha Project pay us a visit.

You can also like us on Facebook.



# HEBRIDES ALPHA PROJECT

# ALPHA PROJECT

HEBRIDES

SUPPORTED ACCOMMODATION

**ISSUE 6-JANUARY 2020** 

Find us on



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"His love endures forever." (Psalm 136)



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- -FUNDRAISING
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# **INSIDE THIS ISSUE:**

### **EXPRESSION OF THANKS**

SHONA MACLEOD MANAGER











We are very grateful indeed to every funding body, individual, family member or group who have encouraged us and financed us during this year. Special thanks need to go to the WIHB Alcohol and Drug Partnership, the Point and Sandwick Windfarm Trust, the Horshader Project, the Pentland Windfarm Voluntary Giving Fund, the Corra Foundation and every person who has given us a regular Gift Aid contribution or been involved in a community fundraising event. We appreciate this help very much indeed.

We would like to thank everyone who generously, and at times sacrificially, gave to us through monthly donations or indirectly through churches or other settings. We also received gifts of food, toiletries etc. at Christmas time from churches and church groups locally and this was much appreciated.

Our Board of Directors (Rev Tommy MacNeil, Mrs Finella Morrison and Mr Alex MacDonald) join us in thanking all of you and also our external advisers, Mr Calum MacDonald (CIB Services) and Ms Claire MacLeod (Orbit Agency) for their services.

We are very grateful indeed to the Community Nurses/Substance Misuse Service Mrs Chris Mina Morrison and Ms Coleen McLeod, to the staff at Hebrides Alpha Trading, to Alcoholics Anonymous members and groups, to the Road to Recovery groups, The Shed Project, the Ark meeting and to all the churches who supported us this year. The Hebridean Housing Partnership, CNES Homeless Service and Benefits Service plus the Job Centre staff have all been exceptionally helpful this year. Thanks also go to the CNES Faire Service, the Food Bank and the Fare Share initiative.

All of the above contribute essentially to the supported accommodation service and to the recovery of our residents. Thank you very much indeed.

# RESIDENTS AND EX RESIDENTS OCCUPANCY AND OUTCOMES

# RESIDENTS AND EX RESIDENTS OCCUPANCY AND OUTCOMES

CONTINUED



Between January and December 2019 fifteen individuals have been resident in the project. Five of these were still resident at the end of December Female referrals are decreasing in frequency, but this has happened quite regularly over the years.

Of the ten residents who have left the project three are doing well and maintaining abstinence, one had maintained abstinence but sadly passed away later due to significant medical problems. Of the remaining six residents, three left their programmes early due to relapse and one sadly passed away as a result of withdrawal from substances. Of the other three, two returned to their former level of alcohol misuse and one significantly decreased their overall substance misuse.

As we say every year, we count ourselves fortunate for every person who has resided in the unit. It is a joy to be able to come alongside each person, to share our faith and to share how this is offered to all people.

It is also very important to us to give everyone the opportunity to be part of a defined programme for recovery from substance misuse and to experience freedom from substance misuse for at least a period of time.

All residents who are physically able are asked to do 2 days per week therapeutic employment in their own setting, if this is current, or at Hebrides Alpha Trading, the subsidiary company of the charity. The latter mainly involves window cleaning, recycling and power washing plus other activities. Residents do not get paid for this per se but receive an 'in kind' payment per day.

In September 2019 The Horshader Project offered us the opportunity to raise funds by exhibiting and selling original paintings provided by a former resident whose work we had turned into cards for selling the previous year.

This sale and exhibition were very successful and raised £2600. It was a very special event for this ex resident, as his work was exhibited in his home area and many local people supported it.



A female resident who was in the project in 2019 is very gifted at making paper flowers and we have all benefited from these being displayed around the houses at Upper Coll.

We also sold these in the centre of Stornoway on a number of occasions, where they were much admired.

Another ex resident has continued to come alongside the project this year by assisting us with our book keeping. This individual is very experienced in this area and has insisted on doing this for us on a voluntary basis. We are very grateful to him for his input which is very helpful indeed.

He and a friend (another ex resident) have also cut our peats for us again this year and we decided to sell these in bags. This was very successful and we raised £400 for the project in this way.



WE SEEK HIS BLESSING ON EVERY RESIDENT AND EXRESIDENT AND TO DEMONSTRATE, WE HOPE IN SOME
WAY, THE LOVE OF GOD TO ALL CURRENTLY RESIDENT IN
THE PROJECT AND TO SERVE THEM.
WE CONTINUE TO PRAY FOR EVERY INDIVIDUAL
RESIDENT PAST, PRESENT AND FUTURE.

